



*KST (UTC+9) / *(K): Korean

Conrad								Fairmont			
Time/ Location	Room 1 (Grand Ballroom 3, 3F)	Room 2 (Grand Ballroom 2, 3F)	Room 3 (Grand Ballroom 1, 3F)	Room 4 (Park Ballroom 3, 5F)	Room 5 (Park Ballroom 2, 5F)	Room 8 (Studio 4, 6F)	Poster Zone	Room 6 (Grand Ballroom 1, B1)	Room 7 (Grand Ballroom 2, B1)	Red Ume 1+2 (B1)	
Day 1 - Thursday, September 3, 2026											
12:00-13:00		📍 Press Conference						(10:00-12:10) APDO Rising Session Rising Stars in Metabolic Science: Emerging Mechanisms and Translational Insights			
13:00-13:10	Break							(12:20-13:10) Oral Presentation 1	Oral Presentation 2		
13:10-14:40			📍 Policy Session					(13:25-15:30) APDO Session 1 Novel Therapeutic Strategies and Organ Crosstalk in Metabolic Disease			
14:40-14:55	Break										
14:55-16:25	📍 Committee Session 1 2026 Obesity Guideline Update: Practical Approaches to Diagnosis and Treatment	Best Articles in JOMES	Symposium 1 Precision Exercise Interventions Based on Lifespan Characteristics of Obesity					(15:30-15:45) Break			
16:25-17:55	Committee Session 2 From Human Biology to Precision Obesity Care: Translational Bridges Across Bench, Cohort, and Clinic							(15:45-17:50) APDO Session 2 Molecular and Cellular Regulators of Obesity and Metabolic Homeostasis			
17:55-18:10	Break										
18:30-19:30	📍 Satellite Symposium 1	(18:15~) Welcome Reception									
Day 2 - Friday, September 4, 2026											
08:00-09:00	Breakfast Symposium 1	Breakfast Symposium 2	Breakfast Symposium 3					Breakfast Symposium 4			
09:00-10:30	Joint Symposium 1 (KSSO-TOS) Obesity and Women's Health Across the Lifespan: From Fertility to Frailty	Symposium 2 Beyond Incretins: Diversifying the Therapeutic Landscape for Obesity	Symposium 3 Neural Circuits in Energy Homeostasis and Eating Behavior	(08:50-10:30) APDO Session 3 Precision and Systems Medicine Approaches in Metabolic Disorders & Obesity				Symposium 4 Transforming Obesity and Diabetes Care through AI and Digital Health Care	Joint Symposium 2 (KSSO-JASSO) Pediatric Obesity in East Asia: From Clinical Care to Lifestyle and Community Approaches		
10:30-10:45	Break										
10:45-10:55	Opening Address			Broadcast	Broadcast			Broadcast	Broadcast	Broadcast	
10:55-11:35	Keynote Lecture 1										
11:35-12:15	Plenary Lecture 1										
12:15-12:30	Break										
12:30-13:15	Luncheon Symposium 1		Luncheon Symposium 2	(12:50-14:00) Oral Presentation 3	(12:50-14:00) Oral Presentation 4		Guided Poster Presentation (Conrad) 1, 2, 3 (Fairmont) 4, 5	Luncheon Symposium 3			
13:15-14:15	Break			(14:00-14:10) Break				Break			
14:15-15:45	Symposium 5 Is Surgery Still Relevant? Debatable Indications for MBS in the Era of GLP-1 Therapies	Symposium 6 Rethinking Exercise in Obesity Management: Efficacy, Fitness, and the Power of Exercise Snacks	Joint Symposium 3 (KSSO-KSoLA) Lipid Metabolism and Atherosclerosis in Obesity	(14:10-15:50) APDO Session 4 Adipose Tissue Dynamics and Metabolic Remodeling		📍 Symposium 7 The Missing Piece in Incretin- Based Anti-Obesity Therapies: Real-World, Case-Driven Nutrition Care Strategies		Symposium 8 Real-World Challenges in Obesity Treatment	Symposium 9 Multidisciplinary Management of Obesity: Brain, Ovary,and Airway	(16:00-17:00) From Patient to Lived Experience Expert	
15:45-16:00	Break										
16:00-16:40	Plenary Lecture 2			Broadcast	Broadcast						
16:40-16:55	Break										
16:55-18:25	Joint Symposium 4 (KSSO-EASO) Management of CVD and Cardiometabolic Risk Factors in Obesity	Symposium 10 Beyond Calories: Diet Quality and Nutrient Composition in Obesity	Symposium 11 Central and Peripheral Coordination of Energy and Glucose Homeostasis	(16:50-18:20) APDO Session 5 Muscle-Adipose Interactions and Metabolic Pathways in Aging and Diseases		Symposium 12 Hidden Barriers to Obesity Care					
18:25-19:25	Satellite Symposium 2	📍 Satellite Symposium 3	📍 Satellite Symposium 4								
Day 3 - Saturday, September 5, 2026											
07:45-08:30	Breakfast Symposium 5	Breakfast Symposium 6	Breakfast Symposium 7								
08:30-10:00	Symposium 13 Recent Update in Oral Anti-Obesity Drugs: Who Will be the Winner?	Symposium 14 Beyond Weight Loss: Nutrition Care Strategies for Patients on Incretin-Based Anti-Obesity Therapies	Symposium 15 Organellar Dysfunction in Obesity and Related Diseases	📍 Symposium 16 Highly-Cited Papaers in TOP Journals in the Field of Endocrinology and Metabolism in Korea	Symposium 17 Building Effective School Health Screening Systems for Pediatric Obesity						
10:00-10:10	Break										
10:10-10:50	Plenary Lecture 3			Broadcast	Broadcast						
10:50-11:30	Presidential Lecture										
11:30-11:40	Break										
11:40-12:40	Luncheon Symposium 4	Luncheon Symposium 5	Luncheon Symposium 6								
12:40-12:50	Break										
12:50-13:30	Plenary Lecture 4			Broadcast	Broadcast						
13:30-13:40	Break										
13:40-15:10	Symposium 18 Real-World Evidence of GLP-1–Based Therapies	Symposium 19 (Special Session) Understanding Puzzle of Mechanistic Action	Symposium 20 Metabolic Rewiring in Obesity-Related Diseases			📍 Co-Medical Session Do We Need Certified Obesity Educators in Korea?					
15:10-15:20	Break										
15:20-15:40	Closing & Award Ceremony										